



## Protein Cinnamon French Toast

3 egg whites

1 scoop vanilla undenatured protein

1 tsp cinnamon

1 tsp vanilla extract (alcohol-free)

2 tbsp almond milk

Cinnamon Raisin Ezekiel bread

Mix all egg white, protein, cinnamon, almond milk, vanilla in bowl. Dip bread pieces in mixture and cook in coconut oil on low heat until browned.

Enjoy!